



**2013 CSMTA BC Chapter
ANNUAL GENERAL MEETING & CONFERENCE
MARCH 22-25, 2013**

Utopia Academy, Suite 220-181 Keefer Place, Vancouver, BC

Registration Form

Please print legibly as your name tag will be generated from the information below.

Name: _____ CSMTA Member #: _____

Address: _____

Phone: (H) _____ (B) _____ (C) _____

Email: _____ Fax: _____

Profession: *(Circle One)* RMT / Physio / AT / Chiro / Osteo / Student / Other: _____

Conference Registration Fees

A) Full Conference: Ligament Articular Strain Technique Course and Symposium. This entails the three full days and one half day *(Please see page 9 for itinerary)*.

Early Bird Registration Fees (If paid before February 22, 2012)	CSMTA Member/Student \$400.00 _____	Non-Member \$425.00 _____
Regular Registration Fees (If paid after February 22, 2012)	CSMTA member/Student \$450.00 _____	Non-Member \$475.00 _____

B) Partial Conference: Symposium and Social *(Please see page 9 for itinerary).*

Early Bird Registration Fees (If paid before February 22, 2012)	CSMTA Member/Student \$25.00 _____	Non-Member \$30.00 _____
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Regular Registration Fees (If paid after February 22, 2012)	CSMTA member/Student \$25.00 _____	Non-Member \$30.00 _____
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C) Ligament Articular Strain Technique Course *(Please see page 9 for itinerary).*

Early Bird Registration Fees (If paid before February 22, 2012)	CSMTA Member/Student \$375.00 _____	Non-Member \$400.00 _____
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Regular Registration Fees (If paid after February 22, 2012)	CSMTA member/Student \$425.00 _____	Non-Member \$450.00 _____
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I have a food allergy/sensitivity to be considered: _____

Full Conference: \$ _____

Partial Conference: \$ _____

L.A.S.T Course: \$ _____

Total Registration Fees: \$ _____

NOTE: A 25% fee will be charged for any cancellation after 14 days before event.

Method of payment is by cheque only:

Please make cheques payable to: S.M.A. Sport Massage Association of BC

Please mail payment and registration form to: 555 Knowles Road, Kelowna, BC V1W 1H4

BC CSMTA AGM Members Only:

I will be attending the BC CSMTA AGM on Saturday from 5:00 pm - 6:30 pm: Yes No

SYMPOSIUM



About Dr. Chan:

Victor Chan, BSc., MBA, ND practices naturopathic medicine at the Performax Health Group clinic in Burnaby, BC, Canada. In addition to his holistic approach to treatment in general practice, Dr. Chan has a special interest in the treatment of pain and sports medicine, he employs the use of advanced therapeutic injection techniques. He is board-certified by the College Of Naturopathic Physicians of British Columbia (CNPBC) in the advanced modalities of Acupuncture, Chelation, Prolotherapy, and Prescriptive Authority.

Dr. Chan is a graduate of the Canadian College of Naturopathic Medicine (2003) where he was awarded the President's Award of Excellence for his contributions. Prior to this, he obtained a Bachelor of Sciences degree in Pharmacology (1996) and a Master of Business Administration degree in Health Administration (1998) from the University of Alberta.

Dr. Chan is a registrant of the College of Naturopathic Physicians of British Columbia and is a member of the British Columbia Naturopathic Association and Canadian Association of Naturopathic Doctors. He is currently serving as a Director on the board of the British Columbia Naturopathic Association.

For more information, please visit his website at www.drvectorchan.com.

Topic of Presentation:

Dr. Victor Chan will be presenting on Prolotherapy and PRP (Platelet-Rich Plasma) in the treatment of sports injuries. The presentation will talk about how these treatments address the core problem of connective tissue injury – often avoiding the need for significant downtime or surgery. I will discuss some general multi-disciplinary treatment strategies for common sports injuries that require Prolotherapy.



About Randy Goodman, Director of Institute of Operations for Fortius Sport and Health

Randy Goodman, Bsc, PT, Dip.Sports PT, A native of Winnipeg, Goodman completed his Physiotherapy Degree at Dalhousie University in Halifax in 1988 and added the post-graduate certification of Diploma of Sports Physiotherapy from Sport Physiotherapy Canada six years later. He is an examiner and instructor for Sport Physiotherapy Canada and Assistant Clinical Professor at the University of British Columbia. He has lectured on sport physiotherapy throughout North America and has served at more than 50 national and international sports events. Randy is one of only two clinical specialists in sports physiotherapy in Canada and was the manager of the Athletes Village Rehabilitation Centre at the Vancouver 2010 Olympic and Paralympic Winter Games.

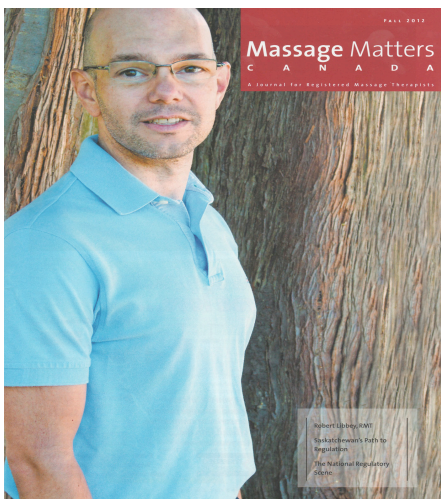
In addition to supervising therapy services at the Vancouver 2010 Polyclinic, Goodman has served as physiotherapist for dozens of international teams and athletes, including Skate Canada's national figure skating team, the Canadian Soccer Association, Freestyle Ski Canada, the PGA Tour, Pro Wakeboard Tour, NHL hockey, CFL and NFL football. He has worked at Olympic Games, Commonwealth Games, World University Games and Pan-American Games, along with the IIHF World Sledge Hockey Challenge. In 2006, Goodman was honored by the Physiotherapy Association of British Columbia with an Award of Excellence for Professional Contributions.

For more information please visit www.fortiuissport.com or email randy.goodman@fortiuissport.com

Topic of Presentation: Return to Sport Following a Significant Ligament Injury

The rehabilitation of a ligament injury does not just include the immediate care and physiological management of soft tissue repair. It also involves analysis of related muscular inhibition, movement pattern change and correction of these issues to progress the athlete from injured to full performance. This session will review the steps required to maximize injury repair, but more importantly return to full competitive function.

Course: Ligament Articular Strain Technique - Lower Body & Extremity



About Robert Libbey, RMT:

Robert Libbey has been a Registered Massage Therapist (RMT) member in good standing with the CMTBC and the MTABC since 1994. From 2001 – 2008 he was on faculty at the West Coast College of Massage Therapy (WCCMT) instructing in their Orthopedic and Neurological Examination departments. He was also a Senior Clinical Supervisor examining students preparing for their Provincial Regulatory Board Examinations. Robert upgraded his education to the 3000hr standard for Registration set by the CMTBC.

While in high school, Robert suffering 2 dramatic injuries: a nearly debilitating spinal chord injury and 1 year later a shattered pelvis and forearm. After struggling through grueling rehab, 1 year later, he found myself once again learning how to function after falling 1.5 stories shattering his left pelvis and forearm. Healing from these traumatic injuries provided him with the empathy for others in pain and shaped his career path.

It took Robert nearly a decade of research, practice, sweat and ingenuity to conceive of a treatment system that provided fast and effective results. It took another ½ decade to put it on paper and to begin instructing other manual therapists.

Robert is in his 19th year of service as an RMT. He sees everyday as an opportunity that has been afforded to him to help make a difference and make a change in someone's life. He has been focused in the MTABC Massage Matters and the CMTBC Touchstone Magazines. He has also published a white paper in the Journal of Prolotherapy.

Massage Matters Article:

<http://www.lastsite.ca/wp-content/uploads/2012/11/Message-Matters-Fall-2012.pdf>

CMTBC Touchstone Article:

<http://www.cmtbc.bc.ca/documents/Touchstone/CMTBC%20Touchstone%20Fall%202012.pdf>

Continuing Education Credits - 21 PE/A2

Course Content:

L.A.S.T. achieves proven and fast results, utilizing techniques based on current scientific research. Ruptured or injured ligaments are a major source of mechanical problems. When an injury occurs, the joint becomes displaced beyond this physiologic position, and some, if not all, of the surrounding tissues become dysfunctional. L.A.S.T. changes the surrounding tissue environment to help the injured tissues recuperate quicker and function more efficiently.

L.A.S.T incorporates aspects of Myofascial Release techniques, Positional Release techniques, Biodynamic Craniosacral techniques, Visceral Manipulation and Periosteal Release techniques.

For more information, please visit his website at www.lastsite.ca

Testimonials from RMT's & their Patients:

“I am stunned at the amazing results I've been getting with L.A.S.T.!”

“My clients wanted me to let you know that they really appreciate all the work you have put into developing this technique because it has helped many of them more than any other technique I have learned. I hope you know how much all your hard work and dedication has meant to so many broken people.”

“L.A.S.T. is an invaluable set of techniques that have improved outcomes for my Patients!!!”

Other Information:

Once you are registered for the course an email will be sent out regarding what to wear and more specifics on what will be covered each day.

Lunches:

During the course and the Conference we will be providing snacks, coffee, tea and water. There is a mall right across the street with a food court and many restaurants within a block of the venue.

Exhibitors:



The Athletic Trainers Room (ATR)
www.theathletictrainersroom.com
1-604-328-3377



P3 Products
www.p3cream.com
1-877-853-2673



Thera Roll - *Used by the Canucks*
www.vancouverportsmassage.com
www.theraroll.ca
Info@theraroll.ca
1-778-882-7222



Goodman Medical Supplies
www.goodmanmedical.com
1-855-667-8872 toll-free
1-250-826-5567

SPONSOR: Solo GI Nutrition Inc.



Hotel Information:

Sandman Hotel Vancouver City Centre

SANDMAN HOTEL VANCOUVER CITY CENTRE

180 West Georgia Street | Vancouver BC | V6B 4P4

Phone [604 681 2211](tel:6046812211) | Fax [604 681 8009](tel:6046818009) | Direct [604 646 4315](tel:6046464315)



Sandman Hotel Vancouver City Centre is centrally located in the heart of Vancouver's entertainment district, only one block to the Sky train, steps from BC Place and GM Place. With 302 well appointed guest rooms including kitchenettes and a Corporate Tower with 87 luxury executive rooms. Dine on-site at Moxie's Classic Grill, or the Shark Club Bar & Grill. Relax and unwind in our indoor pool, whirlpool and health club.

Sandman Hotel offers:

- * Downtown location, only steps to GM Place, BC Place Stadium, the Vancouver Playhouse, Queen Elizabeth Theatre and Tinseltown Cinemas
- * 302 comfortable guest rooms
- * On-site Moxie's Classic Grill
- * Shark Club Bar & Grill
- * Mbar Lounge
- * Fitness Centre
- * Indoor Pool & Jacuzzi
- * Meeting & Banquet facilities
- * Complimentary In-room coffee & tea
- * Gated parking with in and out privileges

Room descriptions:

- Standard Rooms feature 1 queen or 2 double beds
- Corporate king feature one king size bed.

Rates:

Std Queen	\$75
Std Twin	\$85
Std 2 Queens	\$95
Std King	\$95
Std King w/pull out	\$109
King Suite	\$119

Saturday Night Social 6:30 pm - 7:30 pm:

The social will be held at the Utopia Academy and will be catered by Duke's On Broadway. We will have non-alcoholic beverages, coffee, tea, juice and pop as well as platters of meats, cheeses, crackers, fruit and deserts.

After the social there are a multitude of different restaurants within a block of the venue for those participants who would like to enjoy a cocktail and continue socializing.

Friday	Time	F.Y.I
L.A.S.T course	9:00 am - 5:00 pm	Specific schedule will be emailed
Saturday		
L.A.S.T course	9:00 am - 12:00 pm	Specific schedule will be emailed
Lunch	12:00 pm - 1:00 pm	Exhibitors will be setting up at from 12:00 pm - 12:30 pm
Dr. Victor Chan, Presentation	1:00 pm - 2:30 pm	Bring pen and paper
Break - Visit Exhibitors	2:30 pm - 3:00 pm	Beverages and snacks available
Randy Goodman, Presentation	3:00 pm - 4:00 pm	Bring pen and paper
Break - Visit Exhibitors	4:00 pm - 4:20 pm	Beverages and snacks available
John Forde, Creator of P3 Products	4:20 pm - 4:40 pm	Informational session
Break	4:40 pm - 5:00 pm	Beverages and snacks available
AGM	5:00 pm - 6:30 pm	
Social	6:30 pm - 7:30 pm	Catered by Dukes on Broadway
Sunday		
L.A.S.T course	9:00 am - 5:00 pm	Specific schedule will be emailed
Monday		
L.A.S.T course	9:00 am - 5:00 pm	Specific schedule will be emailed

* Schedule may change due to unforeseen circumstances *

**For any questions or concerns please email bccmtbc@gmail.com
or call Brandy Osborne at 1-250-320-0563.**